SOCIAL SERVICE RESOURCES

Oregon Helps: Website that helps determine eligibility for help from 33 different services, such as SNAP/food stamps; Oregon Health Plan (OHP); Women, Infants, and Children Nutrition Program (WIC); Temporary Assistance for Needy Families (TANF); Employment-Related Day Care (ERDC); and others. www.oregonhelps.org

SAFENET: Information and referral helpline for Oregon. 1-800-SAFENET (1-800-723-3638). Monday – Friday 8a.m. – 6p.m. Resource Directory: www.oregonsafenet.org. Beaverton Self-Sufficiency/Multi-Service Center (Department of Human Services, or DHS): Call for information about SNAP/food stamps, Oregon Health Plan (OHP); Temporary Assistance for Needy Families (TANF); Employment-Related Day Care (ERDC) and other state programs. Monday – Friday 8a.m. – 5p.m. Phone: (503) 670-9711. Address: 15625 SW Greystone Court, Beaverton, OR 97006. www.oregon.gov/DHS

211 INFO: To get help finding help dial 211info, or call (503) 222-5555. Calls are answered in more than 150 languages, providing referrals to more than 7,000 nonprofit, government, faith-based health and social service programs. Business Hours: Monday-Friday 8am-6pm. Online resources are available 24/7 at www.211info.org.

ABUSE

FOR EMERGENCY ASSISTANCE, CALL 911

Washington County Child Abuse 24-hour Reporting Hotline: (503) 681-6917 Washington County Non-Emergency Police: (503) 629-0111

Domestic Violence Resource Center: Provides survivors of domestic violence with free and bilingual services for prevention, intervention, and empowerment. Office: (503) 640-5352. 24-hour crisis line: 1-866-469-8600 or (503) 469-8620. www.dvrc-or.org.

CLOTHING

Beaverton School District Clothes Closet provides free clothing to low income students enrolled the Beaverton School District in grades K-12. Students can visit the Clothes Closet two times per school year. An admit slip is required. Admit slips are available from at all school offices. The closet is open Wednesdays between 10 a.m. and 8 p.m., Address: 16550 SW Merlo Road, Beaverton, OR 97006.

HOMELESS RESOURCES AND SHELTER INFORMATION

Beaverton School District Title X Social Support Office: Students experiencing homelessness and housing instability may qualify for additional social support if they're living in an a shelter, motel, vehicle, inadequate conditions or doubled up with family or friends due to economic hardship. Please contact our office at: 503-591-4462.

Community Resource Orientation (Community Action): Free, weekly one-on-one sessions with Housing Specialists to help navigate services in Washington County. For the homeless and those at risk of becoming homeless due to housing insecurity. Fridays at 1p.m. Washington County Juvenile Services Building, 111 NE Lincoln St. Rm. 105 (1st floor), Hillsboro, OR 97123. (503) 640-3263.

Family Shelters: Call (503) 640-3263 for the comprehensive Washington County shelter information and to place your name on a waiting list.

Severe Weather Shelters: are open seasonally, for the most up-to-date information, or you may contact 211Info by calling 2-1-1 or (503) 222-5555.

Safe Place for Youth: Youth ages 14-19. Food, clothing, showers, bedrooms, and case management. Short-term shelter. 454 SE Washington St., Hillsboro, OR 97123. Office: (503) 542-2717. Intake and referrals: (503) 542-2389. www.boysandgirlsaid.org.

RENT AND UTILITY ASSISTANCE

Emergency Rent Assistance (Community Action): Voicemail only: (503) 615-0770. contact@caowash.org. www.communityaction4u.org.

Energy Assistance (Community Action): Call for an appointment Monday – Friday 8:30a.m. – 5p.m.; closed Wednesday afternoons. Interpretation services available. 5050 SW Griffith Dr. Ste. 100, Beaverton, OR 97005. (503) 615-0771.

HEALTH

FOR MEDICAL EMERGENCIES, CALL 911. POISON CONTROL: 1-800-222-1222.

Oregon Health Plan (OHP) Beaverton School District Outreach Worker:

Rebecca Padron, Phone: 503-572-5264 Email: Rebecca_Padron@beaverton.k12.or.us For OHP eligibility and coverage questions or for general information, call 1-800-699-9075 or (503) 378-2666. To request an application, call 1-800-359-9517 or visit www.oregon.gov/OHA/healthplan. To check the status of your application: 1-800-943-9249. Client services: 1-800-273-0557. Billing questions: 1-888-647-2729 or (541) 523-3602.

Virginia García Memorial Health Center: Sliding scale. Accepts OHP. Bring most recent pay stub for a reduced fee. Spanish-speaking staff and many other languages available. Monday and Friday 8a.m. – 5p.m., Tuesday and Thursday 10a.m. – 7p.m., and Wednesday 9a.m. – 5p.m. 2935 SW Cedar Hills Blvd., Beaverton, OR 97005. (503) 352-6000. www.virginiagarcia.org.

Washington County Department of Health and Human Services (DHHS)

Beaverton Location: (503)846-8881. Appointments: (503) 846-8851 Address: SW 2nd Street. Beaverton, OR 97005. Sliding scale. Immunizations, TB testing/treatment, HIV/AIDS testing, women's health, STD tests/treatment, and family planning. www.co.washington.or.us

MENTAL HEALTH AND COUNSELING

Washington County Mental Health 24-hour Crisis Line: (503) 291-9111

Northwest Family Services: Free and low-cost programs: individual, couple, and family counseling. Job readiness and placement services. Youth development, educational seminars, parenting and relationship education, school programs, Latino outreach, and summer camps. Couples' workshops: www.lastingrelationships.org. Spanish-speaking staff. 6200 SE King Rd., Portland, OR 97222. For (503) 546-6377. www.nwfs.org

Youth Contact: Sliding scale \$0-\$90. OHP and some private insurance accepted. Counseling services for youth with problems including alcohol, drug, emotional, and dependency issues. Expertise with delinquent, at-risk youth. Emphasis on serving the whole family. Spanish speaking Clinicians. Interpretation services for other languages available upon request. Monday – Thursday 9a.m. – 5p.m. After hours by appointment only. 4800 SW Griffith Dr. Ste. 135, Beaverton, OR 97005. Main office: 447 SE Baseline St., Hillsboro, OR 97123. (503) 640-4222. www.youthcontact.org.

SUCIDE

Alcohol and Substance Help Line: 1-800-923-4357. Spanish: 1-877-515-7848.

Suicide Prevention: Washington County Mental Health 24-Hour Crisis Line: (503) 291-9111

National Hopeline Network: 1-800-SUICIDE (1-800-784-2433).

National Suicide Prevention Lifeline:1-800-273-TALK (1-800-273-8255).